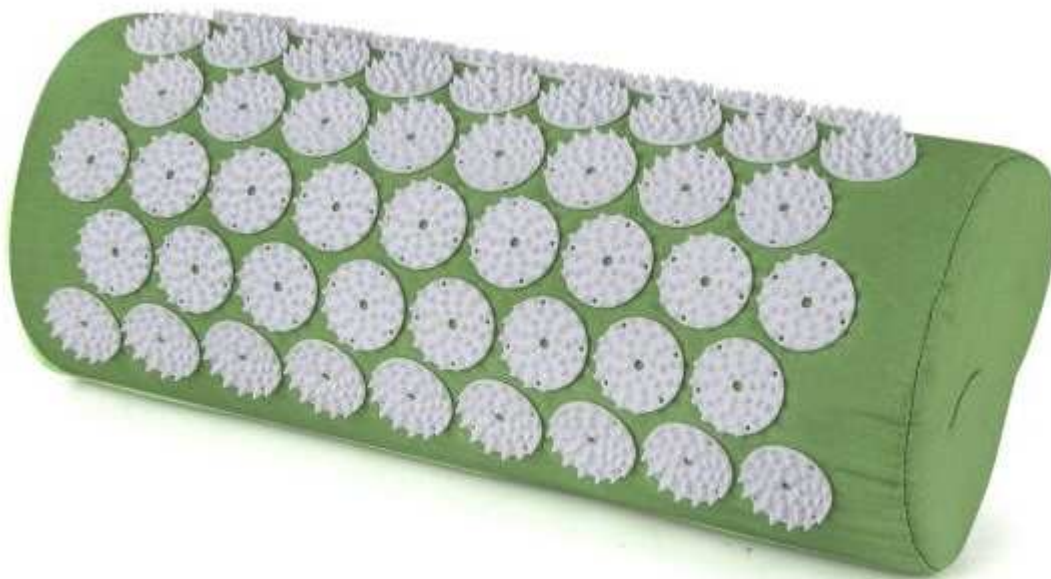


Kendal Acupressure massage mat / pillow (ZCD-01, ZCD-02, ZCD-03)

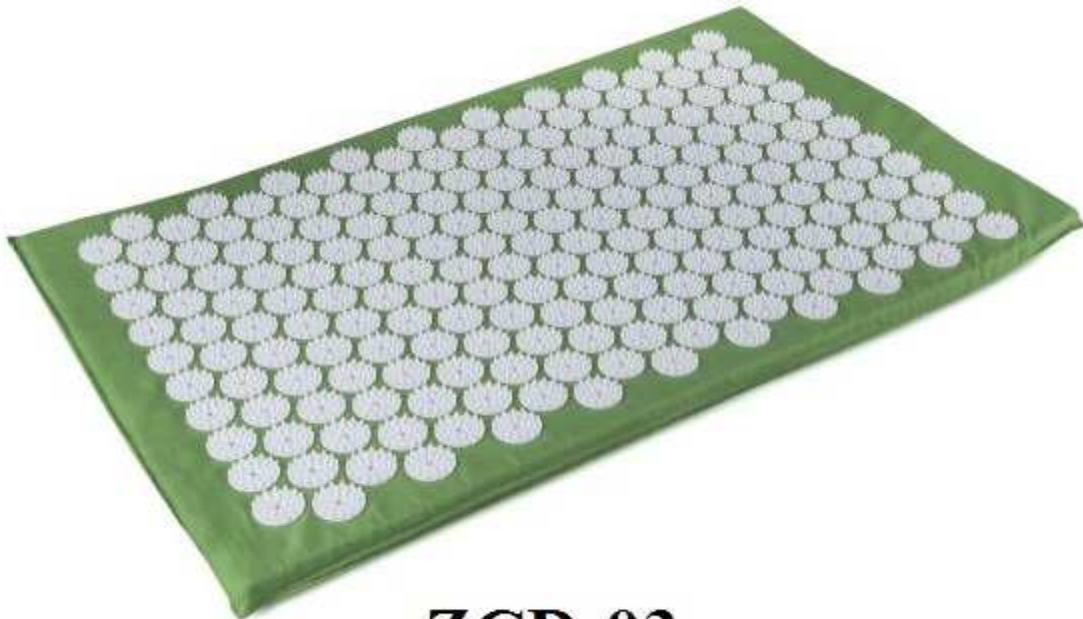
Kendal acupressure massage mat / pillow stimulate acupuncture points or acupressure points without puncturing skin. Unlike acupuncture, it does not employ the use of needles which penetrate the skin. The acupressure mat / pillow has thousands plastic nails which access points (meridians) throughout the body. The sharpness of the plastic nails activates the sympathetic nervous system in the body which then activates the parasympathetic nervous system, bringing one into very deep relaxation and supporting the natural healing process.



ZCD-01



ZCD-02



ZCD-03

What are acupressure points and meridians?

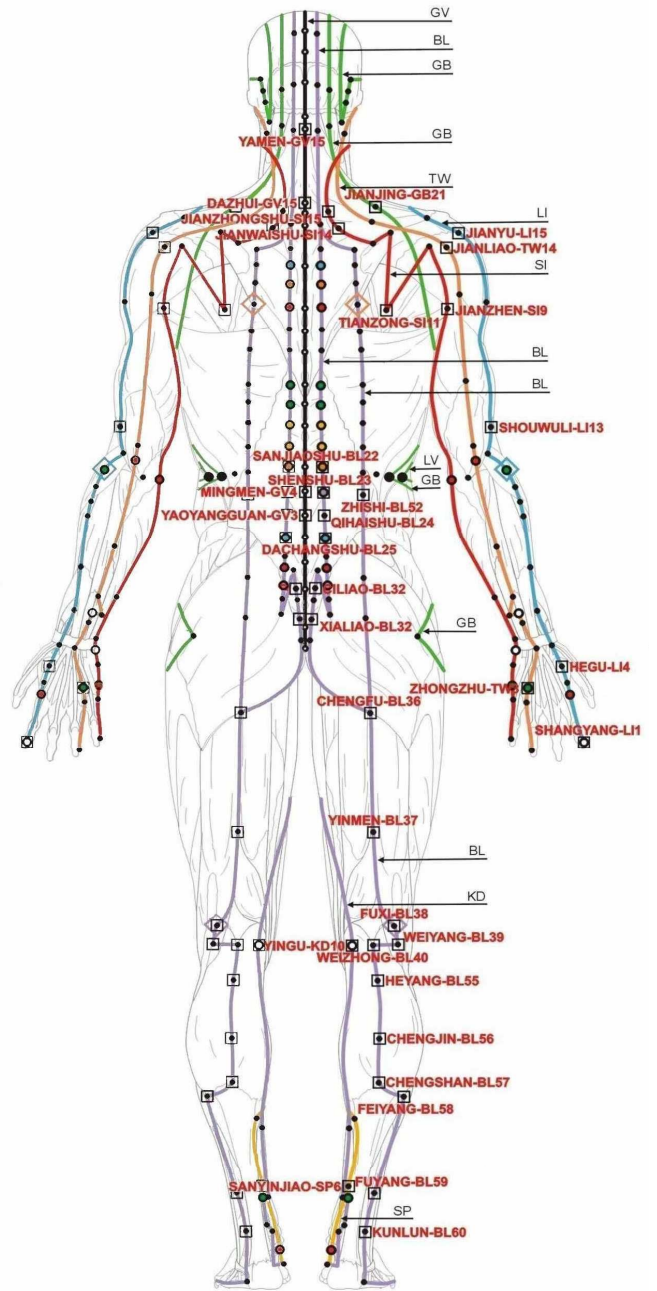
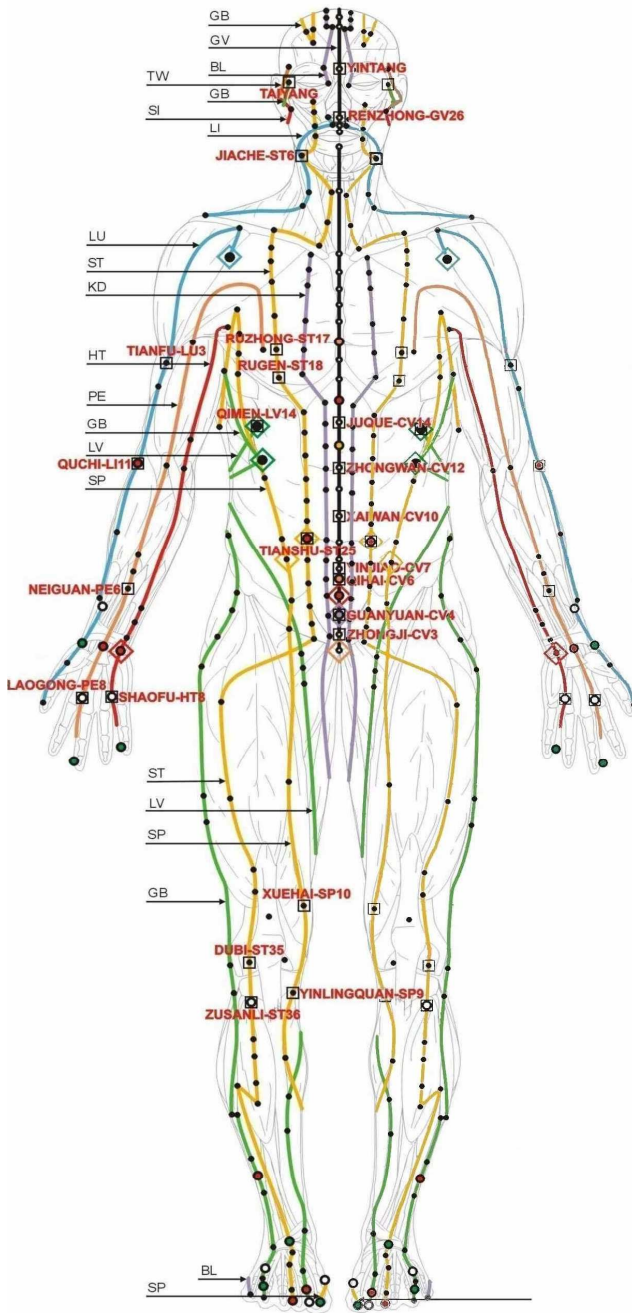
Acupressure is an ancient healing therapy using the fingers to gradually press and massage key points (meridians), which stimulate the body's natural self-healing ability. The point at which you press or massage is the acupressure point or acupoint. An acupressure point has two working methods, when you stimulate a point in the same area where you feel pain or tension, it's called a local point. That same point can also relieve pain in a part of the body that is distant from the point, in which case it is called a trigger point. This triggering mechanism works through a human electrical channel called a meridian.

The meridians are pathways that connect the acupressure points to each other as well as to the internal organs. Just as blood vessels carry the blood that nourishes the body physically, the meridians are distinct channels circulating electrical energy throughout the body. They are thought to be part of a master communications system of universal life energy, connecting the organs with all sensory, physiological, and emotional aspects of the body.

Because the stimulation of one point can send a healing message to other parts of the body, each acupressure point can benefit a variety of complaints and symptoms. For example, the highly effective acupressure point in the webbing between your thumb and index finger is not only beneficial for relieving arthritic pains in the hand, but also benefits the colon and relieves headaches, toothaches, and sinus problems.

The Kendal acupressure mat and pillow, positioned on a chair, bed or floor, enables an individual's back, chest, neck, head, hands and feet to experience the benefit of acupressure without someone having to memorize pressure points from a chart, spending hours self treating each point individually or spending hundreds of dollars at a spa getting acupressure therapy.

Human body meridians





Foot acupressure points

What benefits to use Kendal acupressure mat and pillow?

Kendal Acupressure mat and pillow can be used to:

- Improve circulation
- Increase energy level
- Relieve pain
- Activate the parasympathetic nervous system for deep relaxation
- Improve heart rate variability
- Reduce cortisol levels for weight loss
- Revitalize and rejuvenate

It can relieve:

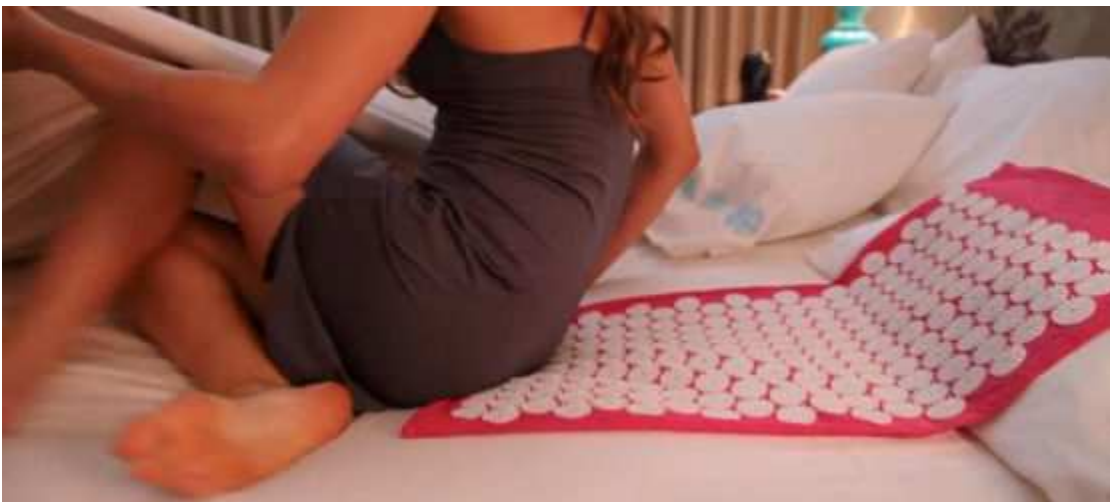
- Stress
- Headache
- Constipation
- Tiredness
- Insomnia
- Tension
- Back pain
- Muscle aches
- Malaise

How to use the Kendal acupressure mat and pillow?

The Kendal acupressure mat/pillow has been ergonomically designed for optimum coverage, whether for the whole body or for just one section. Manufactured from materials of the best quality, it is designed to make pressure adjustment simple and easy.

Simply put it on a chair, bed or floor. You can lie down or stand on it with or without clothes. Every single day, you can use it in a short time, or 10 to 20 minutes or as long as you like without side effects.

The following pictures show you how to use it.







Warranty Terms

New Shining Image LLC warrants its acupressure mat/pillow products for a period of 12 months from the date of the original purchase against defects in materials and workmanship. This warranty does not cover damage caused by misuse, negligence, improper use, disassembly or alteration by any person other than the technicians from New Shining Image LLC.

Upon expiration of the 12 months warranty, you will be advised of the cost of repair before any servicing is done unless you enclose a note indicating that you would like us to proceed with the repairs.

Contact information:

e-mail: service@shiningimageinc.com